

# VICTORY OVER TEMPTATION

By Jerry Harned

- This lesson is designed to graphically help children understand that they can have victory over temptation to sin.
- Materials
  1. BBs in a plastic container (Contain them, they get away easily)
  2. 9"x14" Glass baking dish
  3. 4"x7" snap shut bible
  4. Magnetic heart labeled "ME". You can use two heavy paper hearts taped around a strong magnet. In big bold letters write "ME" on both sides of the heart.
  5. Overhead transparency, poster or PowerPoint slide of temptation definition (below)



## LESSON PLAN

- Pour out BBs into glass dish, they make a great noise that the kids love hearing. As you are doing so explain that these BBs are temptations. Name them – temptation to lie – cheat – steal – disobey – gossip – be mean – hurt others – etc. Ask where temptations come from?

**James 1:13** - Let no one say when he is tempted, “I am being tempted by God”; for God cannot be tempted by evil, and He Himself does not tempt anyone.

- Take the “ME” heart and place it in the glass dish. Pull it up and show that many temptations have stuck to the heart. After an explanation of how our hearts will turn temptation into sin. (Remove BBs from heart before next step)

**Jeremiah 17:9**<sup>9</sup>“The heart is more deceitful than all else And is desperately sick; Who can understand it? *NASB95*

- Ask how God helps us not sin when temptation comes. Place the “Me” heart into the bible and snap it shut. Place the Bible into the dish and show that the temptations do not stick. Explain that God’s Word protect us from turning temptations into sins. We must fill ourselves with God’s Word to protect us from sin.

**Psalms 119:11** - Your word I have treasured (hidden) in my heart, That I may not sin against You.

- How do temptations go away? Explain that Jesus used scripture to win over temptation.  
**Matthew 4:4** - But He answered and said, “It is written, ‘Man shall not live on bread alone, but on every word that proceeds out of the mouth of God.’ ”  
**Matthew 4:7** - Jesus said to him, “On the other hand, it is written, ‘You shall not put the Lord your God to the test.’ ”  
**Matthew 4:10** - Then Jesus said to him, “Go, Satan! For it is written, ‘You shall worship the Lord your God, and serve Him only.’ ”
- How do I help prevent temptation? There are other tools that God has given us to win over temptation. Watch – Pray – Run Away  
**Matthew 26:41** - “Keep watching and praying that you may not enter into temptation; the spirit is willing, but the flesh is weak.”  
**2 Timothy 2:22**<sup>22</sup>Now flee from youthful lusts and pursue righteousness, faith, love *and* peace, with those who call on the Lord from a pure heart. *NASB95*
- If you are being tempted we have a promise that we can overcome it.  
**1 Corinthians 10:13** - No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

# **TEMPTATION**

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**An invitation to  
do evil  
to test our  
obedience to God**